

Digital Confidence for the AI Era

TechTidy

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1 Digital Confidence for the AI Era

An 8-Week Program to Build Real Skills and Confidence

Helping Humans Navigate Technology — No One Left Behind

Presented by TechTidy

Helping individuals, nonprofits, and communities thrive in the AI era.

1.1 Why This Program Exists

Technology and AI are advancing rapidly. For many people — especially older adults, newcomers, low-income individuals, and those in underserved communities — the pace can feel overwhelming rather than empowering.

Our mission: Provide a clear, supportive, confidence-first path so everyone can participate safely and successfully.

1.2 Who This Is For

- Older adults wanting to connect with family and manage daily tasks confidently
- Newcomers navigating services, banking, jobs, and communication in Canada
- Anyone who feels left behind by fast-changing technology
- Community organizations, libraries, and groups that support vulnerable populations

No tech background required — just the willingness to learn at your own pace.

1.3 Your 8-Week Journey

Week 1: Digital Confidence Baseline & Tech Foundations

Build your personal starting point and understand core tech concepts.

Week 2: Files, Cloud Storage & Digital Organization

Keep your important documents, photos, and information safe and easy to find.

Week 3: Online Safety, Scams & Password Security

Learn practical ways to protect yourself from common threats.

Week 4: Everyday Productivity Tools & Digital Communication

Use email, messaging, calendars, and simple tools that reduce daily stress.

Week 5: AI Foundations — What It Is, How It Works, and Where It Shows Up

Demystify AI and see how it already fits into everyday life.

Week 6: Practical AI for Everyday Life

Hands-on use of AI for writing, learning, planning, and problem-solving.

Week 7: AI for Employment, Learning & Opportunity

Leverage AI for job searches, resumes, interviews, and new opportunities.

Week 8: Building Your Personal Digital Toolkit & Next Steps

Create a personalized toolkit and a plan to stay confident long-term.

1.4 How It Works

- **Self-paced** online modules
 - **Optional group sessions** through local partner organizations
 - Plain language, mobile-friendly, printable materials
 - Supportive community focus
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1.5 Get Involved

For Individuals

Download this guide and join the waitlist for early access.

For Organizations

Partner with us to pilot the program in your community.

Support This Initiative

Help us develop full modules, run pilots, and reach more people who need it most.

Join the Waitlist: <https://formspre.io/f/mnjlr0oz>

TechTidy — Helping Humans Navigate Technology with Confidence

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Program currently in development. Your support helps make it a reality.